

Curriculum Vitae for Sirera MM

NAME : **Dr. Merecia Anne Musundi Sirera**
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NATIONALITY : Kenyan
GENDER : Female

PROFILE

Experienced in, Curriculum development and implementation, Guiding & Counselling, Social Work/ Management. Experienced Proposal writing; Field Research; Data analysis, (both Quantitative and Qualitative). Skilled in developing, implementing Monitoring and evaluating developmental Programs; .Experienced in Training of Educators, and Teaching; Behaviour change; Counselling HIV/AIDS, Drug & Substance Abuse, Educational issues, Marriage and Family Therapy, Parenting, Developmental Issues in Adolescence, Mental Health, Cultural Development etc A Self –Driven, Goal & Result Oriented Worker, Team Player & Easy to work with. Highly interested in working with people and the Society at large especially in behavioural change for better Life

Academic Qualifications

University of Bristol, UK, 2004-2008

Degree: Doctor of Philosophy.

Major: Skill formation for economic development

Research area; Education and Skill formation for economic development in Kenya. The study critically examined factors that shape the demand for and supply of skills and how this affects economic development in Kenya. Title of the thesis: *Global, National and Local factors in shaping of skill formation in secondary education in Kenya.*

University of Bristol, UK 2003-2004

Master of Science

Major: Research Methods in Psychology

Study Areas covered-

Research Methods: Quantitative and Qualitative

Special Topics: Developmental Psychological statistics, Advanced Psychological Statistics, General & Generic

Research skills, Issues in Psychology and Cognition

Final dissertation; *Semantic Isolation in Short Term Memory*: It involved critical analysis of organization in memory and the power of originality in memory encoding

Egerton University, 2001-2003

Master of Education

Major: Guidance & Counseling

Study Areas Covered- Introduction to Computer Sciences, Research Methods in Behavioral science, Statistical Methods in Education, Social Psychology, Personality and Interpersonal Relationship, Theories and Fundamental Techniques of Counseling, and Organization and Administration of guidance Programme, Psychometrics, Community Counseling, Marriage and Family, Children and Trauma and Counseling special population. Special option was on the culture and behavioural development. The Practicum was a period of four month practice at the Rift Valley provincial General Hospital Youth Counseling centre. It involved Behavioral counseling and facilitation of workshops and giving lectures to the public, report writing among others. Final dissertation; *The Effect of Stress on Parental Guidance*: The Research involved a critical examination of factors that lead to parental stress and how this affects their abilities in child upbringing

1996 - 2000 University of Nairobi

Bachelor of Education (Arts) Second class honors (Upper division)

Subjects included History and Religion. Other areas covered included administration, curriculum development and Psychology

1980 - 1982 Kagumo Teachers Training College

Certificate in Education

Merecia M. Sirera

Professional Courses

- 28th – 14th Nov 2013- Teaching Methodology, Setting Examinations, Administration of Examinations, Marking and Analyzing of scores

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Employment History

Kenyatta University, Nairobi Kenya, 2009-Present

Job Title; Lecturer-Full-time

- Teaching Counselling Psychology Research Courses to Masters and PhD students eg. Advanced Research Methods, which include development of Data Collection Tools (Quantitative & Qualitative), Data Collection Methods, Data Analysis-Both Quantitative & Qualitative, Report Writing &, Proposal Writing, Knowledge Management, etc
- Supervising Masters and PhD research work
- Awarded Grade A in Lecturer/Student Evaluation in the Dept. of Psychology
- Voted among the top lectures in teaching excellence in Kenyatta University 2012
- Departmental Graduate School Representative in Post-Graduate Research Seminars
- Member of Kenyatta University Intellectual Property committee 2009-2011
- Member of editorial board- Chemchemi Journal –Kenyatta University
- Member of curriculum committee- Institute of Peace and Security studies Kenyatta University
- Participated in development of Diploma and Certificate Curriculum for Kenya prison Service
- Provide Consultation and Supervision on Research related issues
- Participates in monitoring and evaluating departmental programs
- Coordinator of research Course unit in social sciences in the School of humanities and social sciences
- Participated in curriculum development for the proposed Open University of Kenya
- Participated in developing MA and BA Counseling Psychology Programs **for Karatina University**
- Organize and facilitate research seminars and workshops addressing Health Related issues like HIV/AIDS, Drug & Substance Abuse, Family Health, Child Development, Culture Development, etc

SOME OF THE UNITS I TEACH T AT DIFFERENT LEVELS

- ✓ Stress and Trauma management
- ✓ Research Methods in Psychology
- ✓ Statistics and Data analysis
- ✓ Counselling Drug abuse and Chemical Dependency
- ✓ Lifestyle and Rehabilitation Counselling
- ✓ Cognitive psychology
- ✓ Multicultural Counselling
- ✓ Group Work in Counselling and Psychotherapy
- ✓ Adult development and Aging
- ✓ Professional ethics in Counselling and psychotherapy
- ✓ Psychology of criminal behaviour
- ✓ Psychology and criminal Justice system
- ✓ Counselling for Loss and grief
- ✓ Theories of personality

Bristol Royal Infirmary Hospital, UK, 2004-2006

Job Title; Health Assistant

- Assisted patients on Nutrition Counseling
- Assisted Homeless Patients with Goal Setting & Decision making skills
- Participated in the development and implementation of clients rehabilitative plans

Moi Forces Academy-n Lanet/ Nakuru, 1999-2003

Job Title; Class Teacher

- Developed lesson plans Schemes of Work
- Devised and utilized daily lesson plans

- Practiced effective classroom Management, Involved in Performance Evaluation and made Recommendation for Improvement strategies.
- Involved in Remedial teaching of slow learners
- Worked closely with school administration and parents in discipline management of students
- Provided Guidance and Counseling services for students who needed it
- Initiated and facilitated Action Research geared towards Academic performance
- Developed & implemented a Psycho-educational program on Parenting skills, Time Management, Discipline, Study Methods, Child Development
- Utilized good communication, Problem solving, Inter-personal & leadership skill. Developed, implemented, & maintained various extra-curricular activities

Primary school teacher Isiolo, Laikipia and Nakuru (1982-1998)

Job Title; Class Teacher

- Developed lesson plans Schemes of Work
- Devised and utilized daily lesson plans
- Practiced effective classroom Management,
- Involved in Remedial teaching of slow learners
- School representative in f Parent Teachers Association (PTA) where I worked closely with school administration and parents welfare of the students
- Provided Guidance and Counseling services for students who needed it
- Developed & implemented a Psycho-educational program on Parenting skills, Time Management, Discipline, Study Methods, Child Development
- Utilized good communication, Problem solving, Inter-personal & leadership skill.
- Developed, implemented, & maintained various extra-curricular activities

Administrative Responsibilities

- 15th -27th Sept 2014- Ag Chairperson Psychology
- 5th -15th Aug 2014- Ag Chair person Psychology
- 1st Dec 2013- Date -Board Member of post graduate committee in the school of humanities and social sciences- Kenyatta University
- Departmental Chair/Coordinator of Post Graduate Committees
- 24th Jan 20 11- Aug 2012-Deputy Director Kenyatta University Nakuru Campus 2011/2012
- Aug 2009- May 2011-Departmental Chair/Coordinator of Post Graduate Committees

6.0 POST GRADUATE SUPERVISION

6.1 PHD SUPERVISION

1	Eunice Njeri Muvungu	Society and behavioural challenges of the boy-child: a case of Nairobi and Kiambu Counties, Kenya	PhD	Graduated in December 2014
2	Thangi Agnes Reg No. C82/11345/08	Conceptualisation of Abnormal Behaviour among residents of Kibera Informal Settlement in Nairobi County, Kenya: Implications for Mental Health Interventions	PhD	Graduated in July 20 15
3	Ann Wamathai C82/12657/2009	Relationship Between Pornography Viewing and Sexual Aggressive Behaviors Among Students in Tertiary Institutions in Nairobi County	PhD	Graduated in July 20 15
4	Njago Eunice Githae	Self-efficacy and Family emotional climate in relapse among recovering alcoholics in Nairobi, Kenya	PhD	Graduated in July 20 15
5	Faith Kariuki	Exploration of Personal Development	PhD	Report Writing Stage.

		Groups In Development of Integral Self Among Counsellor Trainees In Kenya	On going	
6	Zipporah Kaalu	Endogenous factors influencing women to stay in abusive spousal relationships: a case study of women rights awareness program, Nairobi.	PhD On going	Awaiting final defence
7	Phelista M. Musili, C82/CTY/21113/2010	Relationship between Selected Personal Attributes and Occurrence of Vicarious Trauma among Staff in Hospices in Kenya	PhD On going	Report writing
8	Gathaara Hellen Wathoni C82/11132/08	African Perspective of Personality and its Implications on Multi-Cultural Counselling in a Kenyan Context	PhD On going	Report writing
9	Ntete Jeanne Marie. C82EA/13253/2009	The Effectiveness of group therapy in restoring psychological wellness of sexually violated women. A case study of IBUKA	PhD On going	Report writing
10	Evelyn Khazika Andolo, C82/10071/2008	Memory of Trauma and its influence on Behavior: a study of adolescents with physical disabilities (AWPD)	PhD On going	Report writing
11	Sheba A. Okumu REG NO: C82/10259/07	Sexual Relationship AMONG Street Children and their effect on the spread of HIV/AIDS in Nairobi County.	PhD On going	Proposal Development
12	Jacinta Odeng	Effectiveness of Offender Rehabilitation Programmes in addressing the Psychological needs of women offenders in Kenya	PhD On going	Proposal Development
13	Loice Noo	The perception of clergy on psychological counselling and it's impact on referrals for psychotherapy; a focus on the Anglican church of Kenya, Nairobi diocese.	PhD On going	Proposal Development
14	Kimani James Githongo C82/CTY/21107/2010	The impact of Court process on the Psychological wellness of family law Litigants at the high court of Kenya, Nairobi	PhD On going	Proposal Development

6.2: MASTERS SUPERVISION

N/	Name of the student	Title of the project/Thesis	Program	Status
1	Jane Mutemi Kiere C50/10168/2008	The Influence OF BURNOUT ON Teacher Counselors' Work Engagement in Thika West District.	Masters	Graduated 2010
2	David kaberia Muthondeki C50/10156/2008	Psychological Challenges Facing Police Officers in Retirement in Kenya	Masters	Graduated 2011
3	Jane Mburu Weru	Psychological challenges facing unemployed Youth in Kasarani Constituency Nairobi-Kenya	Masters	Graduated 2011
4	Bernice Wangiri Gicovi C50/10846/2008	Employee Perception on the Effectiveness of Counseling Services in the Public service in Kenya.	masters	Graduated 2011
5	Josephine Wambua C50/ 10052/2007	The Effects of Parental Involvement and Academic Performance of Students. A study of selected Primary Schools in Nairobi Kenya.	Masters	Graduated 2011
6	Thiari Samuel Chege C50/CE/11325/08	Effects of Alcohol Abuse on Teachers' Professionalism in Laikipia County, Kenya	Masters	Graduated 2012
7	Joan Khainja Ekessa C50/10056/07	Psychological factors that promote maternal home delivery in Kibera informal settlement in Nairobi county, Kenya	Masters	Graduated 2012
8	Mutero Cyprian Chomba C50/12107/09	The impact of stress on the Matatu Drivers on the Occurrence of road accidents in Nairobi - Kenya		Graduated 2012
9	Nzomo Regina Nduku C50/CE/15401/2008	The Effectiveness of Drug Rehabilitation Programmes on Behavior Modification of Drug Addicts : a case study in Nairobi county	Masters	Graduated 2013
10	Mutai C.Gladys C50/CE/11339//08	Psychosocial Effects of Alcohol Abuse on the Spousal Relationship in Ainamoi Division, Kericho County Kenya		Graduated 2014
11	Sebastian Kabue Maina C50/NKU/PT/21305/2010	The Effects of Perceptions on Compliance with the Kenya Alcoholic Drinks Control act 2010: A Case of residents of Rhonda Estate in Nakuru County, Kenya		Graduated 2014

12	Mohamed Roba Koto C159/CTY/PT/24665/2011	The Effect of Occupational stress among Police Officers on Job Performance in Nairobi County in Kenya	On going	Graduated 2014
13	Timothy Momanyi K C159/CTY/25591/2011	Impact of Occupational Stress Among Criminal Investigation Department Officers: A case of Nairobi County Kenya	Ongoing	Graduated in 2014
14	Chepkwony Jonathan Kiprof C159/CTY/PT/24669/2011	Challenges facing Police Service Officers in the management of Public demonstrations in Kenya: a survey of Nairobi county	Masters	Graduated in 2014
15	Esther Kahiri	Psychological impact of deployment on the families of Kenyan military soldiers: a case study of operation Linda Nchi in Somalia	Masters On going	Graduating on 17/7/2015
16	Mary Muraguli C50/20500/10	Psychological Challenges Facing Parents' of Drug Abusing Young Adults in Nairobi County, Kenya	On going	Report writing
17	Joseph Mutie	Effects of Emotionally Absent Parents on the discipline of adolescents in selected Secondary Schools in Machakos County, Kenya.	on going	Report writing

7.0 Community based programs

- Planned, promoted, and presented various social, recreation, and cultural programs
- Participated in various humanitarian & philanthropic service projects
- Member of development committee for Butula Constituency involved researching and developing programs geared to Poverty eradication
- Provide consultation on Psychosocial issues in relation to drug abuse in Butula constituency
- Board Member and Academic committee chair person Busiada Girls secondary school Busia County
- Board Member Flamingo Secondary School Nakuru Municipality; Nakuru County
- Member of Umoja women group in Nakuru
- Participates in organizing and developing programs for capacity building for rural development.

Presentation in Academic Conferences

1. ITAM -12TH International Conference at Kenyatta University: The Relationship Between Pornography Viewing and Sexually Aggressive Behaviors Among Male Students in Selected Kenyan Universities: Anne Wamathai, **Merecia Anne Sirera** & Margaret Mwenje. July, 2014.
2. Kenya Guidance, Counseling and Psychological Annual Conference, Egerton University, Prevalence and Reasons for Pornography Viewing Among Male Students in Selected Public Universities in Kenya: Ann Wamathai, **Merecia Anne Sirera** & Margaret Mwenje. August, 2014.
3. The First Annual International Conference on Innovations for Advancement of Humanity IFAH 2011...

4. The Third Annual International Conference on Innovations for Advancement of Humanity IFAH 2013 : Eldoret Polytechnic, The effects of Alcoholism on Teachers Professionalism In Laikipia County: Samuel Chege Thiari, **Merecia Anne Sirera**, Margret Mwenje
Psychosocial Challenges faced by Retired Police Officer: A case of Retired Administration Police Officers in Kenya: David Muthodeki, Merecia Anne Sirera and Margaret Mwenje
5. Makerere University, Uganda; Effects of Alcohol Abuse on Parental Role of Guiding Their Children in Busia and Nyeri Counties; **Margaret Mwenje** & Merecia Sirera, 2010.
6. Effects of International Aid on Education Policy Making in Kenya 2007 Bristol University United Kingdom
7. Bristol University conference: Secondary School Curriculum for Knowledge Economy in Merecia Anne Sirera 2007
8. Bristol University ; Connection Five conference : Relevance of Secondary School Curriculum in Identity and Empowerment of Students Merecia Anne Sirera 2006
9. Bristol University : Researching on an Interdisciplinary topic Merecia A. Sirera 2005
10. Bristol University : Semantic Isolation In Short term Merecia A Sirera

8.0 Publications

1. Sirera A.M. (2014) Education and Skill Formation for Economic Development in Kenya ; Submitted to the International Journal of Education and Research and accepted for publication on 16th September 16th
2. Sirera A. M & Mwenje M Effects of Alcohol Abuse on parental Guidance of children *IOSR Journal Of Humanities And Social Science (IOSR-JHSS) Volume 19, Issue 8, Ver. VI (Aug. 2014), PP 15-23 e-ISSN: 2279-0837, p-ISSN: 2279-0845.*
3. Muthodeki, D, Sirera A. M , Mwenje, M.; Psychosocial challenges faced by retired police officers: A case of Retired Administration Police Officers in Kenya, *IOSR Journal Of Humanities And Social Science (IOSR-JHSS) Volume 19, Issue 8, Ver. I (Aug. 2014), PP 55-63 e-ISSN: 2279-0837, p-ISSN: 2279-0845.*
4. Wamathai, A. Sirera M. and Mwenje M : Relationship between Pornography and Sexually Aggressive Behaviour among male Students in Selected Kenyan Universities IT Application & Management : Culture and Humanities in the Digital Future Korea Data base Agency 2014
5. Sirera M. A. Effects of Social, Political and Historical factors on curriculum outcomes East African Journal of Education Vol 1 Issue No 1 2011 ISSN 2070-0881
6. Sirera M.A & Chelimo K.K : Towards Education Policymaking in a global Era A collaborative approach: Journal of Technology and Social-Economic development Vol 1 2011
7. Kiarie, J. Sirera, M. Mwenje, M. The Role of Dual Roles on Teacher-Counselor Burnout among Secondary School Teachers in Thika District. Kenya Guidance, Counseling & Psychological Journal, 2011
8. Chelimo K.K. & Sirera A. M. Educational policy for sustainable development: Challenges and Opportunities: Journal of Technology and Social-Economic development Vol 1 2011

RESEARCH

1. Training Needs assessment for Kenya police service, 2013/14
2. Situational Analysis of challenges facing Ex-offenders as they reintegrate back in their communities, in Kenya. 2012
3. Factors contributing to Stress, Suicide and Murder Among Police Officers in Kenya, 2012
4. Effects of Alcohol Abuse on Parental Role of Guiding Their Children in Mathira and Butula Divisions in Kenya. 2011
5. Effects of Alcohol Abuse on Parental Role of Guiding Their Children in Mathira and Butula Divisions in Kenya. 2011
6. Global, National and local Factors in Shaping of Skill formation in Secondary Education in Kenya 2008
7. Semantic Isolation in Short Term Memory; 2004
8. Impact of stress on Guidance A case of Nakuru Municipality 2003

9.0 PROPOSAL PROJECTS, (ONGOING)

1. Establishment of Ex-Offenders Transitional Housing Program in Kenya, for easy Reintegration Back To The Society-2014
2. Establishment of Community Based Alcohol and Drug Abuse in Busia County- from 2012
3. Establishment of Community Based Business Incubation Programs in Kenya
4. Proposal for expression of interest for developing of programs to address reproductive health Issues among teenagers who are at risk of early pregnancy and Early fatherhood in Busia County

10. MEMBERSHIP TO PROFESSIONAL ORGANIZATIONS

1. Kenya Guidance, Counselling and Psychological Association
2. Director/Co-founder of Counsellors Without Borders

11. DOCUMENTS DEVELOPED

1. Participated in the development of Department of Psychology 2012-2017 Strategic Plan (Kenyatta University)
2. Participated in the development of Proposal Writing Guidelines for MA and PhD students in the Department of Psychology (Kenyatta University)

WORKSHOPS AND SEMINAR PRESENTATIONS

1. Kenyatta University Post Graduate seminar on research writing skills : Qualitative designs in research ; Dr Merecia Sirera 2015
2. Kenyatta University Post Graduate seminar on research writing skills : How to conduct literature review in research ; Dr Merecia Sirera 2014
3. Kenyatta University Post Graduate seminar on research writing skills: Analysing Qualitative data; Dr Merecia Sirera 2014
4. Kenyatta University Post Graduate seminar; PostGraduate Students Experiences and how to overcome them; Dr Merecia Sirera 2014
5. Kenyatta University Workshop on Validation of instruments on training Needs assessment
6. Kenyatta University work shop on training research assistants for training Needs Assessment for Kenya police service: Research Design and ethical issues Dr Merecia M. Sirera
7. Busiada Secondary school one day seminar for Parents: Parental involvement in school and its impact on Academic Performance of students Dr Merecia Sirera 2013
8. Flamingo secondary one day seminar on motivation for Academic performance in 2014
9. St Teresa's Wamba Girls in Samburu on factors that influence academic performance

REFEREES

Professor James Gatoto
Kenyatta University
Box 43844-00100
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2. Dr Christine Wasanga
Senior Lecturer
Kenyatta University
Box 438-00100
Nairobi

3. Dr Lucy Maina
Senior Lecturer
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