

DR. WILFRIDA H. A. OLALY

Marital Status: Married

Address: Kenyatta University

Psychology Dept.

Kenyatta University

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Nairobi, Kenya 02002

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#### EDUCATION AND TRAINING

Doctorate of Education in Counselor Education- May 2007

Texas Southern University, Houston, TX

Dissertation: "A comparative study on HIV-related Knowledge, Attitudes and HIV High Risk Behavior amongst Kenyan and American university Students." - Supervised by Dr. Riley Venable.

Masters of Education in Psychology- Kenyatta University Kenya, 1993

Thesis: "Differences in the number of Mispronunciation in English by Luo Children in Kenya." Supervised by Dr. Barbara G. Koech

Bachelor of Science in Counselor Education- Business Minor- May 1984

South Carolina State College, Orangeburg, South Carolina- Summa Cum Laude

Certificate – Anger Management Counselor – Nov.4, 2005

Certificate – Teacher Training - Siriba Teachers' Training College, Kisumu, Kenya, May, 1973

Licensed Chemical Dependency Counselor – Intern -From 2008- present

#### AWARDS AND HONORS

Honoree – Best English Instructor during Summer Academy for using the Socratic method at Texas Southern University Texas May- July 2006.

Honoree – Who is Who among Students in American universities and Colleges- 1984.

Honoree – National Deans List – 1984

Recipient – Alpha Kappa Mu National Honors Society 1983

Presidential Scholar – South Carolina State College – 1981- 1984.

Recipient – Certificate of Merit head student at Siriba Teachers' College – 1972-1973

#### PROFESSIONAL EXPERIENCE

Kenyatta University- August 2011 to present Lecturer

Chairperson- Post Graduate Committee of the Department and representing the school of humanities

Teaching courses to Doctoral and Masters students in Theories of counseling, theories of personality, Developmental Psychology, Marital and Family Therapy, Group Counseling, Psychology of HIV/AIDS, Addiction and Lifestyle studies.

Catholic University of Eastern Africa May 2011- Dec. 2011

Part-time lecturer in Faculty of Education

Day star University August 2011 to DEC. 2011

Part time Lecturer

Mount Kenya University

External Examiner

August 2013 to present.

Texas Southern University, Houston, TX – Sept. 2005- 2010.

Developmental Education Department English Lab Instructor; Providing individual and small group instruction to students enrolled in Developmental Education courses. Provide technical assistance to students enrolled in Developmental Education courses and maintain and monitor lab equipment and other resources. If need be, teach a developmental class reading or writing.

Texas Southern University, Houston, TX – May 2005 – July 2005

Summer Academy English Instructor; Teaching college students skills in writing, reading and TASP

University of Nairobi Department of Psychology, Nairobi, Kenya November 1993-December 2001. Lecturer of undergraduate Courses like Developmental Psychology, Guidance and Counseling, History of Psychology, and Experimental Psychology.

Zone Coordinator of Teaching Practice in Kisumu Zone in charge of all the teachers sent to supervise students on teaching practice to ensure that they are supervising the students well.

University of Nairobi School of Nursing, Nairobi, Kenya –November 1994 – December 2001. Lecturing on General Psychology and Child Development

United States International University, Nairobi, Kenya – May 1995 –Dec. 2001

Part-time Lecturer on Guidance and Counseling, Learning and Motivation, Experimental Psychology and Developmental Psychology.

Kenya Institute of Management, Nairobi, Kenya, May , 1995 – August, 1999

Associate Lecturer, Taught courses in Communication Skills

Kenya Institute of Education, Nairobi, Kenya, Jan., 1996 – December2001

Panel Member, Developing Guidance and Counseling Unit at K.I.E.

Kenya National Examination Council, Nairobi, Kenya , 1991-2001

Setter and Moderator, Social Education and Ethics

Professional Studies Paper for P1, P2 and P3 level teachers

Examiner (1993- 2001)

'O' Level English Language Exam

Pre-Primary School Teachers' Exams (NACECE-KIE)

Kenya Technical College, Nairobi, Kenya (1991-1993).

Lecturer on Education Guidance and Counseling, Comparative Education, Entrepreneurship Education and General Psychology

Section Head of Guidance Counseling Department, 1991-1992

External Examiner in Guidance and General Psychology, 1995-2001

Moderating the exam papers for Technical College students before they can be given to students

Parklands Boys High School (1984-1990)

Teaching grades nine to twelve English and Social Education and Ethics and forms Five and Six General Paper

Guidance Counselor for the school. Counseling students on their Social, Educational, and Psychological problems.

Head of Arts Department; responsible for coordinating all the arts subjects in the school like History, English, Religious studies, Social education and ethics, and Geography

Pangani Girls' High School (1984)

Teaching English and Social Education and Ethics to Grades nine through twelve

Racecourse Primary School (1976-1981)

Teacher of grades one to eight primary courses

Senior Teacher, in charge of making timetable for the school, issuing stationary and liaising with the Principal of the school in monitoring the behavior of the students.

Girl Guide Leader. Teaching the students girl guide rules, activities and taking them for camping when need be.

Mariakani Primary School (1973-1976)

Teacher of grade four students all the subjects required like English, Geography, Math, Art, History, Science and Business Studies

#### INTERNSHIPS

Licensed Chemical Dependency Counselor- Intern

Helping those with chemical dependency problems by counseling them on behavior change.

Internship at Thurgood Marshall High School, Fort Bend School District, Texas, U.S.A

Counseling students in their moral, social, psychological and educational problems under the Lead counselor of the school.

Helping students in choosing careers and/or colleges according to their capability(2006)

Internship at Houston Area Women Center, Houston, Texas. Counseling women who had been abused by their husbands (2006)

#### UNIVERSITY OF NAIROBI

ACADEMIC SUPERVISIONS DONE TO STUDENTS IN WRITING THEIR THESIS IN

ADULT EDUCATION CLASSES

Bosuben, J. K. (1998). Diploma in Adult Education: "Attitude of men towards Adult Literacy in Sotik Division of Bomet, University of Nairobi.

Kibue, C. (1998). Diploma in Adult Education: "Study of Adolescent Problem as a Factor that Promotes Literacy in Adult Education Programs in Education in Nakuru Municipality of Nakuru District, Rift Valley, Kenya.

#### EXTERNAL EXAMINATIONS:

CATHOLIC UNIVERSITY OF EASTERN AFRICA

Ondiek, Euniter Auma (2014). An investigation into the role of Guidance and Counseling into the Academic Achievements of secondary schools: A case of selected secondary schools in Gwassi Division, Suba North District" A Masters Thesis at Catholic University of Eastern Africa.

Achieng', Lucy (2013). "Psychosocial Factors influencing enrolment in Primary Schools in Loima District, Turkana County. A Masters Thesis.

Ngacha, John Mwangi (2012). Teacher Perception of their roles in Guidance and Counseling Services in Secondary Schools in Langata District, Nairobi County. (Masters Thesis at Catholic University of Eastern Africa).

#### MOUNT KENYA UNIVERSITY

Karani, J. Muthii (2013) "Juvenile Delinquents: family dynamics affecting juvenile delinquents, integration of psychotherapy and counseling." A Masters Thesis.

Mosumari, S. Kwamboka (2013). Psychosocial Issues of Grandparents as Caregivers of HIV/AIDS Orphaned Grandchildren in Muranga South District, Muranga County-Kenya." A Masters Thesis.

Muchaba, J. Wanjiru (2013) "Psychosocial Factors that Influence the Use of Alcohol among College Students in Kiambu Town, Kiambu County , Kenya. A Masters Thesis.

#### KENYATTA UNIVERSITY SUPERVISIONS

Murithi, Joel, K. (2019). Relationship between parental conflicts and social adjustment of adolescent students in secondary schools in Murang'a County, Kenya. A doctoral dissertation.

Gachara, Esther (2019). Relationship between locus of control and adherence of drug addicts to rehabilitation programs in rehabilitation centers in Nairobi County: Kenya. A Doctoral Dissertation.

Maingi, Betrice, M. (2019). Assessment of influence of psychosocial well-being on alcohol abuse among public school teachers in Nyeri county, Kenya. A Doctoral Dissertation.

Ngugi, Beatrice (2019). The relationship between psychological and emotional self-care practices and level of burn-out among counselors in Nairobi county (Kenya). A Masters thesis

Mwaniki, Jane, K. (2018). Psychosocial effects of home environment of coffee-picker parents on students academic performance in day secondary schools in Murang'a County. A Masters Thesis

Mwambisi, Dorah M. (2017). Challenges faced by peer counselors in helping resolve maladaptive behaviours among students in Public secondary in Kiambu county, Kenya. A Masters Thesis

Gatama, Penina M.(2017). Psychosocial impact of HIV/AIDS care giving among the primary caregivers in Mombasa County, Kenya. A MastersThesis

Mutie, Joseph (2015). Effects of emotionally absent parents on the behavior of adolescents in the selected secondary schools in Machakos County, Kenya. A Masters Thesis

Nyaga, Florence, G (2015). Relationship between social support and self-esteem among teen age mothers attending Pumwani maternity hospital in Nairobi County, Kenya. A Masters Thesis

Kangethe, Eunice N. (2015). Influence of parental roles on secondary school dropout among girls in Kirinyaga West Sub-County, Kenya. A Masters Thesis.

Masese, Pamela, M (2015). Effectiveness of counseling services on rehabilitation amongst non-custodial offenders in Nairobi county, Kenya. A Masters Thesis

Muthoka, Paul, M. (2014). "Prevalence of Drug and Substance Abuse among Secondary School Students in Nzau District Makueni County, Kenya. A Masters thesis.

Muasya, Dorothy, K. (2014). Students' Attitude towards seeking and receiving guidance and counseling services in public secondary schools in Kangundo Sub-County, Machakos County, Kenya. A Masters Thesis.

Zipporah.M.Muswii (2014). Parental Influence on cigarette smoking among secondary school students in Kilungu District, Makueni county, Kenya. A Masters Thesis.

Makworo, Beatrice, K (2014). Psychosocial factors that affect girls academic performance in Secondary schools in Kenyenyia, Kisii County, Kenya. A masters Thesis

Gatebi, Sophia, W. (2013). Risk Factors and Coping Strategies for Occupational Stress among Prison Officers in Nairobi County, Kenya." A Masters Thesis.

#### RESPONSIBILITIES:

Chairperson: Postgraduate Studies Committee (2011 to 2013).

Department Coordinator in charge of Linkages Collaborations and Resource Mobilization, (Dec.2013- 2014

Department Coordinator in charge of Outreach 2014-2017

Department Coordinator of Human Resources 2017 to present

#### PRESENTATIONS AND RESEARCH EXPERIENCE

Olaly, W.H.A (2019). Effects of trauma on childrens' psychosocial well being. At North Rift Child care and protection conference and training from 9<sup>th</sup>. to 11<sup>th</sup>. April 2019 at Eldoret national Polytechnic, main Campus- Eldoret.

Attended 1<sup>st</sup>. National Symposium in Kenya on Child care and protection from 16<sup>th</sup>. to 18<sup>th</sup>. May 2018 and was Chairperson of fternoon session on 16<sup>th</sup>. May 2018

Attended 5<sup>th</sup>. Biennial International International psycho-oncology Society IPOS-WHO Academy Psycho-Oncology in Cancer prevention and Control in Africa from 5-6 November 2017 Kigali, Rwanda

Olaly, W. H.A. (2017). Vicarious trauma experienced by those taking care of cancer patients at 11<sup>th</sup>. International Conference on cancer in Africa AORTIC 2017 Kigali, Rwanda 7-10 November 2017.

Adams, M., Cathy, S., Dillon, G., Griffin, V., Kennedy, D., Olaly, W., Owhonda, G., Geyen, D., & Venable, R. H. "Alcohol Use and Perceptions of Peer Use by the Students at a Historically Black University". 2004 Lamar University Education Research Conference. Beaumont, Texas; 26<sup>th</sup>. March 2004.

Africa University, Mutare, Zimbabwe, June 1999 Research Assistant, "Proposal Writing and Development for Females within Universities".

"Beyond the Disaster Counseling Program", 1998. Trainer, Counselor.

British America Tobacco, Nairobi, Kenya, October 2001 Instructor for Retirees on "Psychological Preparedness before Retiring.

College Of Banking, 1994-1995 Secretaries Instructor on Customer Relations Supervisors Instructor on Banks and Customer Care.

Kenya Association of Professional Counselors, 199 Instructor/Advisor in Theories of Counseling to Trainee Counselors.

Kenya Red Cross Society, August 1999 Trauma and Disaster Psychological Workshop, Silver Springs, Nairobi, Kenya.

K-MAP (1998) Facilitator and Trainer in Business Counseling.

Olaly, W.H.A & Mack, Brian (2010). Reenergizing Students' motivation. Paper presented in the Department of Developmental Education-Student Success Services for professional development.

Olaly, W.H.A (2009). "A comparative study on HIV-related knowledge, beliefs, attitudes and HIV high risk sexual behavior among university students in Kenya and the United States of America."  
(Unpublished Dissertation) presented on March 27th. 2009 at Lamar University, Gray Hall; Educational Research Conference.

Olaly, W.H.A. (2004), "Multi-Cultural –HIV/AIDS." Paper presented at the Fort Worth Convention Center, Nov. 4th. 2004, Fort Worth, TX

Olaly, W. H. A. (1993), "Differences in the number of Mispronunciation in English by Luo Children", Masters' Thesis, Kenyatta University.

Olaly, W. H. A. (1993), "Moral Reasoning about Sex", A Paper Presented at the Kenyatta University National Education Day of Psychology, Kenyatta University, 26th to 29<sup>th</sup>. October 1993.

Olaly, W. H. A. (1993), "Entrepreneurial Motivation", A Paper presented at a Seminar for Lead Institutions of Entrepreneurship Education, 23rd to 27<sup>th</sup>. August 1993.

Olaly, W. H. A, (1995) "Excellence in Education", Presented on the 10<sup>th</sup>. of October 1995 at Kikuyu Day Secondary School.

Olaly, W. H. A (1999), Development of Bachelor of Psychology and Master of Special Education Program to be offered at the University of Nairobi.

Olaly, W. H. A. (2000), Development of Postgraduate Diploma in Psychology and Master of Psychology. Program to be offered at the University of Nairobi.

Olaly, W.H.A. (2003), "Concern about HIV Aids among minorities in the U.S.A.: Implications for counseling." Paper presented at Texas Counseling Association Conference, Nov. 6th. 2003, Moody Gardens, Galveston, TX. U.S.A.

People for Peace in Kenya (1995-1996). Instructor and Secretary for Rwandese Lawyers and Children in Rwanda and Burundi

Population and Health Services at Marie Stopes Clinic (1996)  
Training of Youth Leaders.

Presbyterian Church of East Africa, 1996  
Youth instructor on Adolescent Problems

South Carolina State College, 1981-1984  
Research Assistant, "1890 CIRC Communication in Rural Children"

Ukweli Pastoral Center, Kisumu Kenya (1998). Training and Counseling of HIV/AIDS Patients,

#### PUBLICATIONS

Beatrice , K. Makworo, Christine M. Wasanga and Olaly, W H.A (2014). Psychosocial factors that affect girls academic performance in secondary schools in Kenyanya Kisii County, Kenya. International Journal of Psychology and Counseling Vol. 6(9) pp.119-132.

Olaly, W.H.A. (2010). Wilfrida's Words of Wisdom. Altru Publishing Company, Texas. U.S.A.

Olaly, W.H.A., & Venable, R.H. (2007). A comparative study on HIV-related attitude and HIV high risk behavior among Kenyan and American university students. Electronic Journal of Human Sexuality (In process)

Venable, R. H., Geyen, D., Adams, M., Cathy, S., Dillon, G., Griffin, V., Kennedy, D., Olaly, W., & Owihonda, G (2007). Alcohol use and perceptions of peer use by students at a Historically Black University. Louisiana Journal of Counseling, Vol.XIV, p.28

Olaly, W.H.A. & Sonaike, Lola (2010) Comps Clinic- Counseling. Altru Publishing Company, Texas. U.S.A. (In process)

#### CONFERENCES ATTENDED

Faculty of Education Interdisciplinary Session, 2011. 'Early Childhood Education for Holistic Development of the Child' The Catholic University of Eastern Africa. Langata Campus, Nairobi, Kenya June 15th.- 16th, 2011

The First Annual Academic Forum and Planning retreat presented by Texas Southern University, College of Education and the Center for the Development and Study of Effective

Pedagogy for African American Learners Dec 2002.

No Child Left Behind: A New Era in Education at Texas Southern University, May 2003.

“Educational Impact of Minority Male Crisis in America-the Changing Role of Counselors” -March 2007  
College Academic Support Programs (CASP) at the Woodlands Waterway Marriot, Oct. 2007.

Jesse H. Jones School of Business, Texas Southern University, Fifteenth Annual Southwestern  
Business Administration Teaching Conference: Teaching in the 21st Century: Technology and  
Beyond, Oct 2007. Research Week at Texas Southern University TX, on April 3rd.2007.

#### ASSOCIATIONS & AFFILIATIONS

Member - Texas Colleges Reading and Learning Association 2007-present.

Member - Texas Counseling Association 2005 to present; Member - Kenya Girl Guides Association 1973 to  
present

Member - Family Planning Association of Kenya; 1999 to present;

Member - Central Management Committee, Mwalimu SACCO 1987- 1994;

Member - Kenya Aids NGO's Consortium 1995 to  
present;

Member - Kenya Management Assistance Program (K-MAP) 1996 to present;

Member - Kenya Counselors Association 1996 to present;

Member - Centre for Research, Communication and Gender in Early Childhood Education 1994- present.

#### COMMUNITY SERVICE

Vice Chairman, Nyinam Savings and Credit Organization. 2018 to present

Board Member, Muhoroni Teachers Training College-2017 to present

Board Member, Oginga Odinga University in Muhoroni 2017 to present

Mentor, Kenyatta University Mentoring services- 2012 to Present

Supervision- Kenyatta University Wellness Center May 2012 to present

Volunteer Counselor - Houston Area Women's Center – April- May 2006 Mentor - New Hope

Counseling Center –January-May 2006 Counseling

Internship at Thurgood Marshall High School, Fort Bend School District, Texas

#### SKILLS

Pedagogical skills, working knowledge of computer, able to work under pressure,  
hardworking, honest and committed

#### LANGUAGES

Working knowledge of English, Kiswahili, and Dholuo.



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