

Academic Staff Profile

Personal Profile

Personal Details

Name: **Ruth Muthei James**
Title/Qualification: PhD
Department: Philosophy & Religious Studies
Designation/Position: Lecturer
Email: james.ruth@ku.ac.ke
Contact Address: P.O Box 76756 00620 Nairobi

Area of Specialization:

- Gender Studies in Religion and Culture in Africa;
- Contemporary Theologies

Research Interests:

- Reproductive health for women in Africa
- Women in Religion & Culture in Africa

Google Scholar:

<https://scholar.google.com/citations?hl=en&user=OTjHkfAAAAAJ>

ORCID ID: <https://orcid.org/0000-0002-6363-7338>



Academic & Professional Qualifications

- i) Academic Qualifications**
 - 1998 – 2004 Doctor of Philosophy (PhD) [Gender in Religion, Education & Culture], Kenyatta University
 - 1990 – 1993 Master of Arts (Religious Studies) Kenyatta University
 - 1984 – 1987 Bachelor of Education (Arts) [History /Religious Studies], Kenyatta University.
- ii) Professional Qualifications**
 - July 2016 Strategic Plan and Formulation, Daystar University
 - 2014-2015 Certified Organizational Effectiveness Coach (COEC), Coach Development Institute of Africa (CDI-Africa).
 - September – December 2013 Think, Shift and Change, Personal Development Institute (PDI)
 - May – July 2009 University Staff Development Programme (UNISTAFF), University of Kassel, Germany

Employment History

- 1999 to Date Lecturer, Kenyatta University
- 1994 –1999 Tutorial Fellow, Kenyatta University
- 1989 –1994 Graduate Assistant, Kenyatta University
- 1987 –1989 Graduate Teacher, Kangundo High School, Teachers Service Commission

Achievements

1. Becoming a Certified Professional Coach in 2015.

Publications

Referred Journals

1. Telesia K. Musili, Gitome Josephine, Ruth M. James (2019), An Ethical Claim for Administration of Pre-Exposure Prophylaxis (PREP) in HIV and AIDS Burdened Africa, *AFRREV International Journal of Arts & Humanities* Vol 8, No 3. ISSN: 2225-8590
2. Ruth Muthei James (2003), Holistic Partnership: Women in Theology as a Sign of Hope, *Africa Challenge: All Africa Journal of Theology* Vol.1 No. 2

Books Chapters

1. “Factors that Render the Girl-Child Vulnerable to HIV/AIDS in Kenya” in **Women, Religion and HIV/AIDS in Africa: Responding to Ethical And Theological Challenges** T. Hinga (Eds), 2008 Cluster Publications, Pietermaritzburg, Pp. 2 – 20. ISBN 978-1-875053-69-8.
2. “Socio-economic and Cultural Factors Influencing Women’s Reproductive Health In Kenya” In **Contemporary Development Issues in Kenya**. J. Shiundu *et al* (Eds), **2007** Organization for Social Science Research in Eastern and Southern Africa (OSSREA) Kenya Chapter, Nairobi. Pp. 25-38. ISBN 9966-838-51-1
3. “The Promotion of the ‘ABC’ of Sex in the Prevention of HIV/AIDS in Africa: Implications for Women” In **People of Faith and the Challenge of HIV/AIDS**. M.Oduyoye & E.Amoah (Eds), **2004**, Sefer Books, Ibadan. Pp. 143 –170. ISBN 978-8059-12-0.
4. “Women’s Participation in Church-Based Organizations” In **Quests for Integrity In Africa**. G.Wamue & M.Theuri (Eds), **2003**, Acton Publishers, Nairobi.Pp.159-170. ISBN 9966-888-28-4
5. “An Analysis of Apparent Conflict for Women in Some New Testament Themes” In **Conflicts in Africa: A Women Response**. M.Getui & H.Ayanga (Eds), **2002** Faith Institute of Counselling Publishers, Nairobi. Pp.23-35. ISBN 9966-9888-4-X
6. “Impact of Cost-Sharing in Health and Education on Women’s Welfare” In **Quests for Abundant Life in Africa**. M.Getui & M. Theuri (Eds), **2002**,

Acton Publishers, Nairobi. Pp. 18-32. ISBN 9966-888-39-X

7. "Emerging Gender Issues in Interfaith Relationships in Kenya: The Case of Christians and Muslims" In **Christianity and Peoples of Other Faith Communities**, A. Temple & J.Mbillah (Eds), **2001**, AACC, Nairobi, Pp.62-73
8. "Women's Theological Education in Kenya" In **Theology of Reconstruction: Exploratory Essays**, M.Getui & E.Obeng (Eds), **1999**, Acton Publishers, Nairobi, Pp. 107-119. ISBN 9966-888-01-2
9. "The Church in Africa and Violence Against Women" In **Violence Against Women: Reflections by Kenyan Women Theologians**, M.Getui & G.Wamue (Eds), **1996**, Acton Publishers, Nairobi, Pp 68-77. ISBN 9966-888-48-9

Conference/Workshops/Seminar Papers

Conference Papers

1. **27th February 2020**, Paper "Competency Based Curriculum (CBC) Coaching Program" at the Kenya Private School Association Kiambu County Conference.
2. **22nd February 2020**, Paper "Leading Change" at the Christian Union Student Leaders Summit, Kenyatta University.
3. **9th February 2019**, Paper "The Power and Place of Youth in Leadership" at the Christian Union Student Leaders Summit, Kenyatta University.
4. **7th – 11th August 2013**, Paper "Poverty and its Impact on Gender Relations: The case of Gender-based Violence Against Men in Central Province, Kenya" at the Circle of Concerned African Women Theologians Pan-African Conference in Kempton Park, South Africa
5. **4th – 5th March 2011**, Paper "Quality of the Educator with respect to Religious Studies" at Christ The Teacher Institute of Education, Tangaza University College, Nairobi.
6. **5th - 6th March 2010**, Paper "Overview of Paper Presentations" at the Symposium on Educational excellence organized by Christ the Teacher Institute for Education, Tangaza College, Nairobi
7. **22nd- 24th March 2006**, Paper "Socio- economic and Cultural Factors Influencing Women's Reproductive Health in Kenya", at the Organization for Social Science Research in Eastern and Southern Africa (OSSREA) Kenya Chapter Annual Conference in Kakamega,
8. **23rd – 30th March 2005**, Paper "Resolving Conflicts in the Quest for Peace in African Instituted Churches: The Case of Women Founded Churches" at the XIX World Congress of the International Association for the History of Religions (IAHR), Tokyo, Japan.
Theme: "*Religion: Conflict and Peace*"
9. **4th –9th Oct. 2003**, Paper "The Promotion of the ABC of Sex in the Prevention of HIV/AIDS in Africa: Implications for Women": At the Institute of Women in Religion and Culture, Third Biennial Pan African Conference. Accra, Ghana.
10. **4th –9th Aug. 2002**, Paper "The Girl Child and HIV/AIDS in Kenya": at the Circle of Concerned African Women Theologians Pan African Conference. Addis Ababa, Ethiopia, on the Theme: "*Sex, Stigma and HIV/AIDS: African Women Challenging Religion, Culture, and Social Practices*".

11. **29th July – 5th Aug. 2001**, Paper “Violence in the Name of Culture and Religion”, at the Institute of Women in Religion and Culture Second Biennial Pan African Conference. Accra, Ghana, on the Theme: “*Overcoming Violence: African Women of Faith Speak*”
12. **13th- 18th Dec. 2000**, Paper “Emerging Gender Issues in Interfaith Relationships in Kenya: The Case of Christians and Muslims” at the All Africa Consultation on Christianity and Peoples of Other Faith Communities. Lome, Togo.
13. **5th-12th Aug. 2000** Paper “The Impact of Culture and Religion on the Reproductive Health Rights of Women in Kenya”: at the XVIII World Congress of the International Association for The History of Religions (IAHR). Durban, South Africa.

Workshops Papers

1. 27th November 2020, Paper “Decluttering the Mind” at the Harvesters Global Church Workshop.

Research

1. Factors Hindering the Participation of Women in Theological Education in Kenya. PhD Thesis, Department of Religious Studies, Kenyatta University, 2004
2. A Theological Assessment of Women in Professional Church Ministry in Kenya: The cases of Roman Catholic, The Methodist and the Presbyterian Church of East Africa Churches. M.A. Thesis, Department of Religious Studies, Kenyatta University, 1993

Funded Project

1. 2013: Research grant as a Co- Researcher for the project entitled, “Baseline Study on Knowledge, Attitude and Practices survey of Vitamin A and Iron & Folic Acid Supplementation in Kenya. Funded by the Government of Kenya.
2. 2006 -2007: Post-Doctoral Project Research grant as Principal Investigator for the project entitled “*Social, Economic and Cultural Determinants of Women’s Reproductive Health in Kitui and Mwingi Districts, Kenya*” Funded by Organization for Social Science Research in Eastern and Southern Africa (OSSREA)
3. 2001: Research grant as a Co- Researcher for the project entitled “*The Impact of Culture and Religion on Women’s Reproductive Health in Selected Ethnic Communities in Kenya*”. Funded by Catholics For Free Choice (CFFC).
4. 1996: OSSREA Research grant on Gender issues as Principal Investigator entitled “*Women Leadership Roles in Church-Based Organizations in Kenya*” Funded by OSSREA

Conferenced/Workshops/Seminars Attended

Conferences Attended

1. **27th February 2020**, as a participant, Kenya Private Schools Association (KEPSA) Kiambu County Directors Conference, Kiambu
2. **3rd June 2016**, as a Participant, Career Fair “Trained in Germany” First German-Kenyan Career Fair. Nairobi.

3. **7th – 11th August 2013** Participant Fifth Pan-African Conference of the Circle of Concerned African Women Theologians, Kempton Park, South Africa.
4. **4th-5th March 2011** Participant at the Symposium on the Contextualization of Religious Studies, Tangaza University College, Nairobi
5. **5th-6th March 2010** Participant at the Symposium on Educational Excellence, Tangaza University College, Nairobi
6. **2nd-3rd July 2008**, as a Convener and Participant, Organization for Social Science Research in Eastern and Southern (OSSREA) Kenya Chapter Annual Conference in KIE Nairobi.
7. **28th Feb - 1st March 2006**, as a Participant and Rapporteur, Regional (OSSREA) Conference on Assessment of Poverty Reduction Strategies in Sub-Saharan Africa: The cases of Ethiopia, Kenya, Malawi, Rwanda, Uganda and Zambia. Grand Regency Hotel, Nairobi.
8. **2nd- 7th July 2000**, as a Participant, in an International Symposium on Feminist Biblical Interpretation and Hermeneutics of Liberation, Ascona, Switzerland.

Workshops Attended

1. **1st July 2008**, as a Participant and Rapporteur, National (OSSREA) Poverty Reduction Strategies Book Dissemination Workshop at KIE Nairobi.
2. **30th November-1st December 2006**, as a participant and presenter OSSREA Post-Doctoral Winners Workshop, Addis Ababa, Ethiopia.
3. **16th Dec. 2005** as a Participant, National (OSSREA) HIV/AIDS Dissemination Workshop, at Fairview Hotel, Nairobi.

Supervision of Postgraduate Students

Masters

1. Peris Nyakenanda, Church Response to HIV and AIDS orphans in Kericho District, Kenya. (MA), Kenyatta University 2019.
2. Eva Njeri Ngunjiri, The Challenges of Female Domestic Workers Among Christian Families within Roysambu Sub-County, Nairobi (MA) Kenyatta University 2016.
3. Esther N. Wainaina, Factors hindering women's participation in church administrative leadership in the Presbyterian Church of East Africa: A case study of Milimani presbytery, Nairobi (M.A), Kenyatta University 2015.
4. Florence Wanjohi, The ministry of the church in supporting bereaved families: A case study of Anglican Church in Kenya, Diocese of Kirinyaga (M.A), Kenyatta University 2013.
5. Dominic Muriuki Mugo, Challenges facing Sponsors in the Management of Catholic Sponsored Public secondary schools in the catholic Diocese of Embu, Kenya (MA) Catholic University of Eastern Africa 2012.

Professional/ Consultancy (Editor/ Peer review in journals, Networks/ Collaborations, External Examiner, Patents)

Consultancy

1. 2008-2013: Visiting lecturer, Christ the Teacher Institute for Education, Tangaza University College
2. 2011-2013: Visiting lecturer, MaryKnoll Institute of African Studies, Tangaza University College

3. 2010-212: Professional Advisor: Advanced Projects at Depaul BA Program, Tangaza University College

Peer review in journals

1. 2013: Reviewer of Msingi Journal

External Examiner

1. 2014-2015: Mount Kenya University (Masters Theses)
2. 2011-2013: MaryKnoll Institute of African Studies, Tangaza University College (Masters Theses).
3. 2011-2014: Institute of Social Ministry, Tangaza University College (Masters Theses)

Community Service and Other Engagements

1. 2016-2020: Deputy Chairperson, Board of Management (BOM) Dandora Secondary School, Nairobi
2. 2016: I held several Career Coaching sessions with students at Catholic University of Eastern Africa (CUEA), and Kenyatta University.
3. 2009-2015: Member, Board of Management Thika Garrison Secondary School, Thika
4. I have been a chief guest in prize giving functions of various school
5. I have held motivational speaking forums with KCPE and KCSE candidates in various schools.
6. I have facilitated several teens mentorship programs under Blossom Out Coaching & Consulting firm.
7. I have facilitated marriage seminars in various churches

Affiliation of Professional Bodies

1. 2015 to date: Member, International Coach Confederation (ICF)
2. 2015 to date: Member, International Coach Federation (Kenya Chapter)
3. 2015 to date: Alumni Coach Development Institute of Africa (CDI-Africa)
4. 2013 to date: Alumni, Personal Development Institute (PDI)
5. 2009 to date: Alumni, DAAD
6. 2009 to date: Member, REAL (Regional Eastern Africa UNISTAFF Alumni Network).
7. 1999 to date: Member, AASR (African Association for the Study of Religions)
8. 1994 to date: Member, OSSREA (Organization for Social Science Research in Eastern and Southern Africa)
9. 1994 to date: Member, The Circle of Concerned African Women Theologians
10. 1994 to date: Member, EATWOT (Ecumenical Association of Third World Theologians)-

National and International awards and Recognitions

1. 2015: Certified Organizational Effectiveness Coach, Overall Best Student, Cohort II by Coach Development Institute of Africa (CDI-AFRICA)
2. 2012: Bishop's List of Honor by Deliverance Church, Kenya
3. 2010: Certificate of Appreciation in recognition of valuable contribution to the B.A Degree program, Cohort III by DePaul University/Tangaza College

4. 2009: Certificate of participation in University Staff Development Programme (UNISTAFF) by University of Kassel, Witzenhausen & DAAD.
5. 2006: Certificate of Award for Post-Doctoral Fellowship Grant by Organization for Social Science Research in Eastern and Southern Africa (OSSREA)

Administrative Positions Held

Recognized university administrative positions

1. 2010 to date Chairperson, Departmental Curriculum committee
2. 2010 to date Member, School Curriculum Committee
3. 2009 to 2021 Departmental Librarian
4. 2006 – 2008: Departmental Examinations Coordinator
5. 2004 --2006: Member of the Departmental Examination Coordinating Committee
6. 2002 – 2004: Member, Departmental Board of Undergraduate Studies
7. 2002 – 2003: Member, Kenyatta University HIV/AIDS Policy Review Committee
8. 2000 – 2003: Deputy Dean of Students: Kenyatta University.

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